# Care and Cleaning

It is recommended that you wash these items before and after using them in a program. When the kit arrives at YRL, the items are cleaned with an antiseptic wipe. However, items should also be washed between uses to prevent the spread of germs and infections.

# Wash with warm, soapy water

* Step-a-logs
* River stones
* Balls
* Bowling set

# Wipe with disinfectant wipes

* Bean bags

Do not wash the Move & Groove Dance Cube unless it becomes soiled. If soiled, it can be machine washed on gentle/delicate cycle.

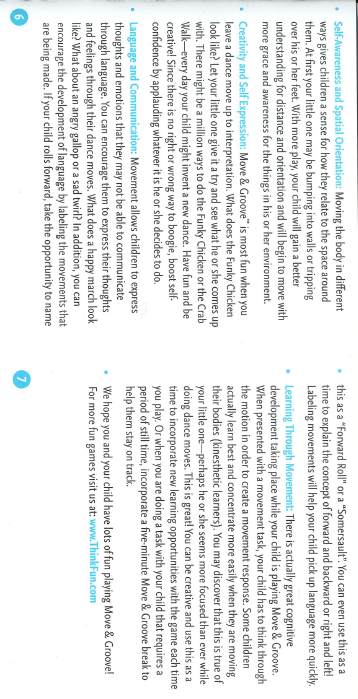
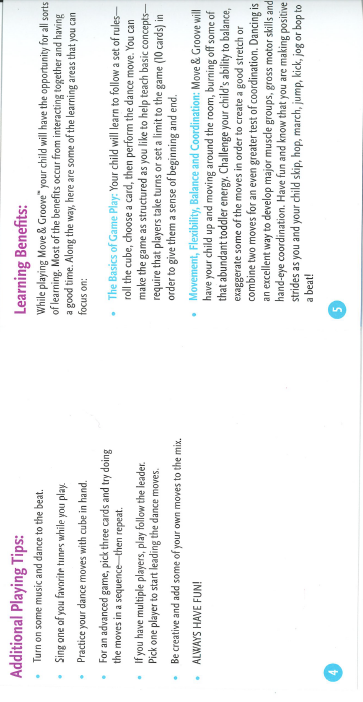
**Game and Movement Ideas**

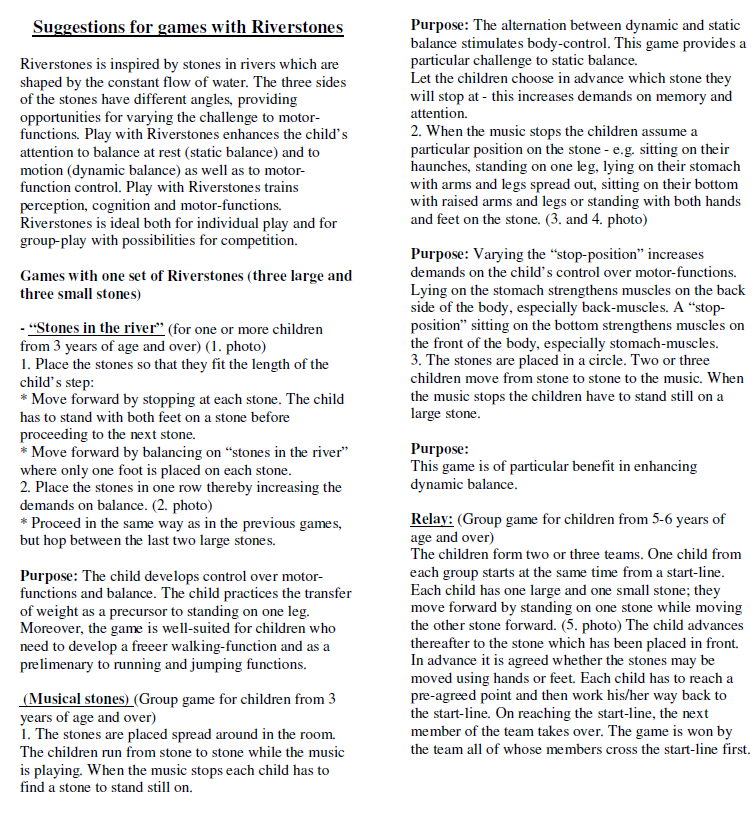
**Step-a-Logs and River Stones**

* Have the kids take turns setting up the logs or stones in a curvy or straight line. Everyone must then cross the logs one at a time. Cheer each other on!
* Play imaginatively with the kids – make the Step-a-Logs or stones part of a jungle obstacle course story you invent as you go. Other great ideas for “on-the-fly” stories include superheroes, farm animals, etc.
* Have kids walk in a circle to music. When the music stops, they hop on a log or stone and say the colour.
* Try moving from stone to stone in different ways – stepping, hopping, one foot at a time.
* Start with logs and stones close together and move them wider apart as the game goes on.
* Stand on the stones or logs and toss a large ball from person to person trying to keep your balance.
* Try standing on two feet, one foot, crouching or turning on the stones or logs.
* Flip the logs upside down and use them as a throwing target for bean bags.









# 

# 

